Mental Health & Suicide Statistics

Mental Health

75% of mental illness will be present by the age of 24.

In 2023, **4 in 10** high school students experienced persistent **feelings of sadness or hopelessness**.

11 Years

the **length of time** for a person living with a mental health condition to **begin treatment**.



1 in 5 U.S. adults & children experience mental illness each year.

Young adults 18-25 years had the highest prevalence of mental illness (36%) compared to adults aged 26-49 years (30%) and aged 50 and older (14%).

Suicide



90% of people who die by suicide have an underlying mental illness.

In 2023,
2 in 10
high school
students seriously
considered
attempting
suicide and almost
1 in 10
students attempted
suicide

Suicide is the

2nd

leading cause of death for youth ages 14-18

